

JUNE 2026
EDITION



PARIMALA COLLEGE OF NURSING

PCN NEWSLETTER



JUNE 2026

VOLUME -2

ISSUE-1



PRIORITISE BREASTFEEDING

 **Parimala College and school
of Nursing**
Raga Educational Trust, Kovilpatti

**WORLD BREASTFEEDING WEEK CELEBRATION
2025**
August 1 - 7

**Inviting for
poster presentation**

**Theme : Prioritize Breastfeeding:
Create Sustainable Support
Systems**

CREATIVE IDEAS ARE WELCOME

**FRIDAY, AUGUST 01 | 3:00 PM
MULTIPURPOSE HALL**

 **Prioritise Breastfeeding**
Create sustainable support systems
WABA | WORLD BREASTFEEDING WEEK 2025

WORLD BREASTFEEDING WEEK 2025

World Breastfeeding Week was celebrated from August 1 to August 7, 2025, as part of a global campaign to promote breastfeeding awareness and support. During this week, students actively participated in a Poster Presentation event to highlight the importance of breastfeeding and actively participated to promote awareness in Government Hospital, Kovilpatti.

JUNE 2026

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ANTI RAGGING WEEK AWARENESS 2025



Anti-ragging week was conducted in our college between 12.08.2025 Tuesday until 18.08.2025 Monday. Various Programs and Competitions related to prevention of ragging were conducted in the college.

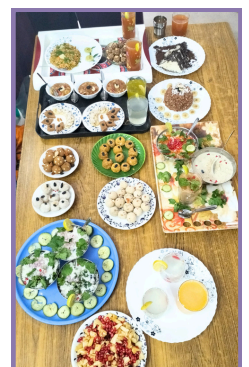
INDEPENDENCE DAY 2025

Independence Day was Celebrated in our college campus on 15.08.2025. Flag was hoisted by our beloved Principal Prof. Dr. S.Reeta Jebakumari.



NUTRITION WEEK

Nutrition Week was observed in our campus on 01.09.2025. As part of the celebration, our GNM students prepared a variety of nutritious dishes. The programme was conducted to promote awareness on healthy eating habits, balanced nutrition, and the role of food in maintaining good health.



EDUCATIONAL TOUR

Educational Tour was arranged for B.Sc(N) I year students on 23.08.2025. The places visited were Keeladi, Gandhi Museum and Kalaingar Centenary Library.



KEEZHADI MUSEUM

ONAM 2025

The Onam celebration themed “Onnichonam’25” was held on 02.09.2025. The event was conducted in the collage foyer with a mix of Cultural Programs Speeches and Games.



WORLD SUICIDE PREVENTION DAY 2025

World Suicide Prevention Day was observed on September 10th at the Government Head Quarters Hospital, Kovilpatti.

The welcome address was delivered by Dr. Jonah, M.D., Psychiatrist, followed by a session by Dr. Joshva, M.D., Psychiatrist. The program included discussions on Suicide Prevention for the years 2025 – 2026, the activities of the Suicide Prevention Team.



SOCIAL JUSTICE DAY 2025



Social Justice day was observed on September 17th at the Government Head Quarters Hospital, Kovilpatti. The students took the pledges to eliminate social inequality.

DPHICON 2025

Our Faculties attended DPHICON 2025 (Resilient Public Health System) held in Periyar University, Salem on 27.09.2025.



INDUCTION PROGRAMME

Induction Programme was held on 24.10.2025. The students joined in the academic year 2025-26 and their parents attended the event.



FAREWELL 2025

Farewell day was conducted for the III year DGNM. on 19.11.2025. II year DGNM students gave the farewell party to the III year DGNM students. Dance and games were arranged by the students.



ECO CLUB

Our College Eco Club Team conducted a GO GREEN AND PLASTIC FREE CAMPUS initiative on 03.12.2025.



FRESHERS DAY

Fresher's Day was conducted on 29.11.2025 for I year B.Sc(N) and I year GNM students. Fun games were conducted for the fresher's and Gifts were given to them by their seniors.



INTERNATIONAL CONFERENCE

Our students attended International Conference of Antiviral Research which was organized by Antiviral Research Society and conducted in Mahatma Gandhi College of Pharmacy on 05.12.2025.



LEGAL AWARENESS CAMP

Legal Awareness Camp was conducted on 15.12.2025 by the Taluk Legal Services Committee.



CHRISTMAS 2025

The Christmas was celebrated on 20.12.2025. Students participated enthusiastically in skits and carols. A group of students presented a drama scene highlighting the drummer boy. After that, Santa Claus came with a bag, and the dance programme added joy and festive spirit to the celebration.



REPUBLIC DAY 2026

Republic Day was Celebrated in our college campus on 26.01.2026. Flag was hoisted by our beloved Secretary Prof.Dr.N. Parimalanayagi.



FIRE SAFETY 2026

Fire Safety Demo was conducted by Fire & Rescue Department in District Government Headquarters Hospital, Kovilpatti. Students were practically given training.



PONGAL 2026

Pongal was celebrated in our college campus in the theme “Veerathamizh Thiruvizha” on 12.01.2026. Students performed cultural dances and participated in many traditional games.



TUBERCULOSIS AWARENESS

Tuberculosis Awareness was given on 27.02.2026 by the Health Department to build awareness about the global epidemic of tuberculosis (TB) and efforts to eliminate the disease.



LAMP LIGHTING CEREMONY

Lamp Lighting Ceremony was conducted on 03.02.2026 for the I year B.Sc(N) and GNM students. Chief guest Dr.V. Vidhya MBBS., MPH., District Health Officer, Kovilpatti gave an enlightening speech to the students. Guest of Honour Mrs. Vigneshwari R.N., R.M., and Mrs. Jothilakshmi R.N., R.M., Mentor Staff Nurse gave the felicitation.



SKILL BASED WORKSHOP

Basic life support skill training was conducted on 27.03.2026 for Bsc Nursing 2nd and 3rd year and GNM 2nd and 3rd year students in the college campus.



INTERNATIONAL CANCER DAY

International cancer day rally was arranged by Head Quarters Hospital, Kovilpatti on 04.02.2026. Dr.Sudha deputy Dean, Kovilpatti Government Head Quarters Hospital started the rally and spoke about lifestyle modification in prevention of cancer.



WORLD HEALTH DAY

World Health Day rally was arranged by Head Quarters Hospital, Kovilpatti on 07.04.2026. Dr.Sudha deputy Dean, Kovilpatti Government Head Quarters Hospital started the rally and spoke about lifestyle modification in prevention of cancer.

COMMUNITY VISIT

Rural Health Centre, Kelaeral and urban health Centre in oorani street were visited by 3rd Bsc and GNM students on 30.04.2026.

Dr.Balaji MBBS Medical Officer Keelaeral explained the different activities of Kelaeral, Rural Health Centre.



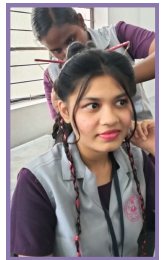
SPARX'26 (A Talent Hunt)

SPARX'26, the Annual Day celebration of Parimala College and School of Nursing, was held on 22.06.2026. The programme brought together students, faculty and parents to celebrate academic excellence and co-curricular achievements of the academic year.

Dr. V. Vidhya, M.B.B.S., M.P.H., District Health Officer, Kovilpatti, graced the occasion as the Chief Guest. She awarded the students who secured overall topper positions and distinctions in academics.

In her address, Dr. Vidhya emphasised the importance of maintaining good health in today's environment and highlighted simple lifestyle changes that can help prevent common health problems. She motivated the nursing students to be role models for healthy living in both their personal and professional lives.





OUR LEARNING COMMUNITY



B.Sc., (NURSING)

DGNM - Diploma in General Nursing and Midwifery

DMLT - Diploma in Medical Lab Technician

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